

What's your mini munching on?

Keep track of all the new ingredients & Babyblends your little one is trying!

New Ingredients

VEGETABLES

Broccoli

Spinach

Bell Pepper

Zucchini

Kale

Beet

Pumpkin

Sweet Potato

Pea

Carrot

Butternut Squash

FRUITS

Mango

Banana

Avocado

Pear

Apple

Strawberries

Raspberries

Blueberries

Cranberries

Peach

Rhubarb

Coconut

Prunes

Date

Pitaya

Pineapple

SEEDS, LEGUMES & GRAINS

Chia

Hemp

Black Bean

Quinoa

Flax

Buckwheat

Chickpea

Wheat Germ Oil

Pumpkin Seed

White Bean

SPICES & MORE

Basil

Mint

Dill

Coconut Milk

Rosemary

Cumin

Turmeric

Flax Seed Oil

Cinnamon

Ginger

Thyme

Avocado Oil

Vanilla Bean

Coconut Oil

Spirulina

New Babyblends

SIMPLE BLENDS

Apple

Pear

Mango

Butternut Squash

Zucchini

Prune

Sweet Potato Carrot

Broccoli Spinach

Beet Banana Mango

Kale Carrot Pear

Pea Pear Mint

Carrot Apple Ginger

Carrot Mango Banana Chia

Spinach Mango Banana Hemp

Carrot Mango Coconut Milk Turmeric

Strawberry Basil Beet Pear Chia

Pitaya Pineapple Spinach Banana Coconut Oil

TEXTURED BLENDS

Broccoli Pineapple Banana Hemp

Avocado Green Apple Broccoli Spirulina

Sweet Potato Apple Red Bell Pepper Turmeric

Sweet Potato Apple Blueberry Flax

Kale Avocado Green Apple Chia

Quinoa Butternut Squash Kale Apple

Kale White Bean Pear Basil Quinoa Avocado Oil

Blueberry Chickpea Spinach Pear Rosemary

VERY TEXTURED BLENDS

Quinoa Raspberry Pear Coconut Milk Vanilla Date Wheat Germ Oil

Carrot Apple Buckwheat Cinnamon Pumpkin Seed Flax Oil

Looking for the easiest way to introduce your baby to 100+ organic, fresh ingredients? **Get started with Little Spoon.** Made fresh, always free of preservatives, never any corners cut. Delivered nationwide. Learn more at